



**UNIVERSITÀ
DEGLI STUDI
DI BERGAMO**

Department
of Human
and Social Sciences



Erasmus+

**Erasmus+ Blended Intensive Programme (BIP)
Hosted by University of Bergamo**

BEYOND SPORT - 2025

Inclusion and Physical Activity

BIP PROGRAM

Online Meeting date:

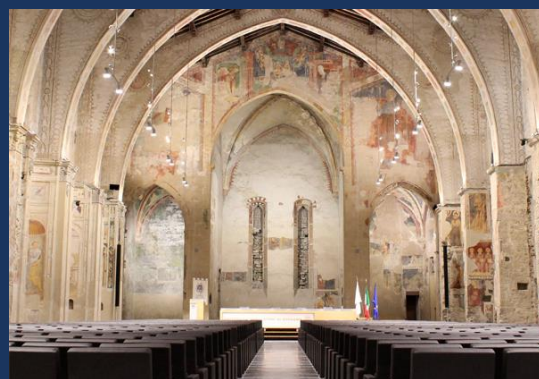
- April 2025

Sessions in Bergamo (Italy):

- From Tuesday 20th of May 2025
to Saturday 24th of May 2025

Theory and practice sessions will concern:

- Para- climbing
- Blind baseball
- Baskin
- Sitting volley
- Trekking using a joëlette
- ...



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LSU

**LITHUANIAN SPORTS
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UNIVERSITY OF JYVÄSKYLÄ



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BEYOND SPORT 2025 INCLUSION AND PHYSICAL ACTIVITY - BIP PROGRAMME OVERVIEW

Participants

Around 25 students from 6 different European universities including:

- Castelo Branco Polytechnic (Portugal)
- INEFC Barcelona (Spain)
- Lithuanian Sport University (Lithuania)
- Université Lumière Lyon 2 (France)
- University of Jyväskylä (Finland)
- University of Bergamo (Italy)

Eligibility

Both undergraduate and postgraduate students can take part

Language requirements

English (English proficiency level required equal to B1)

ERASMUS+ Grant

Students will receive ERASMUS+ funding from their universities to participate in the programme to cover travel expenses and accommodation.

ECTS = 3

Online lecture

- Online lecture about inclusive physical activity (April, 2025)

One intensive week in Bergamo (Italy) 20-24/05/2024

- Guided tour in the historic centre of Bergamo

Theory and practice sessions will involve experts from local organizations and will concern:

- Para- climbing
- Blind baseball
- Baskin
- Sitting volley
- Mountain excursion: Depending on weather conditions, students will be invited to take part in a trekking excursion in the Orobic Alps. All the activities, included the excursion, are accessible to students with disabilities.

Pedagogical coordinators

- Prof. Antonio Borgogni
- Dr Matteo Crotti

Administrative coordinator

Dr Silvia Cortinovis

Contacts within Lyon 2 University

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